



AGRUPAMENTO DE ESCOLAS
MARINHA GRANDE
Poente



Portugal

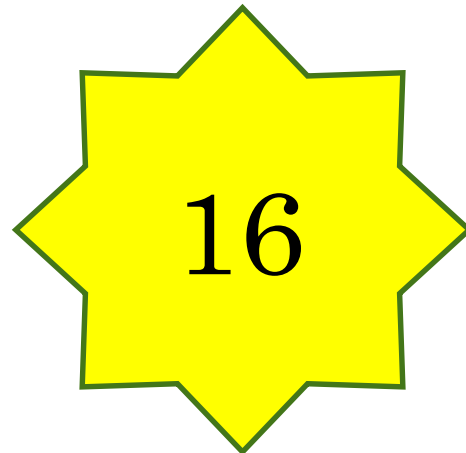
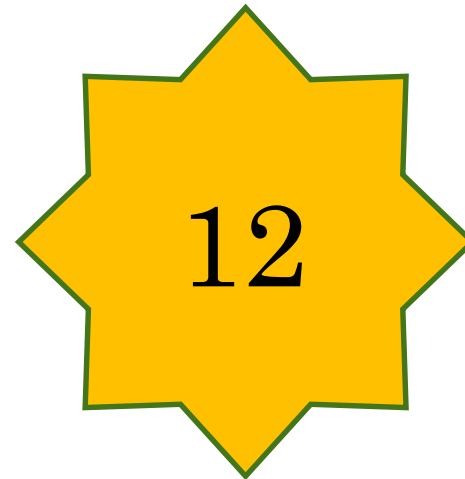
Eco-Schools

2025/ 2026



international

How long have we been eco-schools?





The green flag

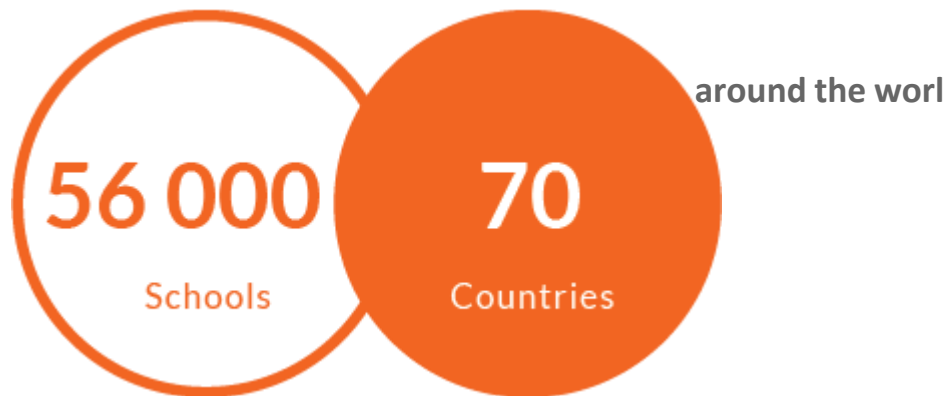


What does Eco-Schools consist of?

Eco-Schools is the largest global sustainable schools programme

**—
it starts in the classroom and expands to the community by
engaging the next generation in action-based learning.**

Aims to be a programme that forms a sustainable conscious mind in students, generation after generation, creating habits of making a difference in terms of social intervention.



Portuguese Eco-Schools themes

- Waste – sensitize for the correct reuse and separation of waste
- water – monitor and reduce the water consumption
- Energy – make projects about energy; reduce the consumption
- **Climate Change** – raise awareness to mitigate or adapt consequences
- **Transport** – encourage the use of public transport and car sharing
- Sea – Collaborate in beach cleaning/ *Coast Watch* /
- **School Grounds** – increase the quality
- **Biodiversity & Nature** – make fields trips and identify organisms;
- Organic Farming – value the organic gardens
- Florest – participate in afforestation campaigns
- Healthy eating –
- Geodiversity – value geological diversity
- Sustainable management – partnerships and projects of local intervention
- Noise – prevent the consequences of excessive noise

Mandatory
topics



SUSTAINABLE DEVELOPMENT GOALS



POSITIVE ACTIONS FOR THE SUSTAINABLE DEVELOPMENT GOALS

What are the actions you take to save water?



What are the actions you take to save energy?



LIST AT LEAST 4 ACTIONS



WHAT ACTIVITY DO YOU PROPOSE TO IMPLEMENT AT YOUR SCHOOL TO SAVE WATER?



WHAT ACTIVITY DO YOU PROPOSE TO IMPLEMENT AT YOUR SCHOOL TO SAVE ENERGY?



Top tips to save water

- 1.Spend less time in the shower.
- 2.Turn off the tap when brushing your teeth.
- 3.Reuse water.
- 4.Get a water butt to collect rainwater.
- 5.Fill the kettle less.
- 6.Use full loads for your washing machine and dishwasher.
- 7.Maintain your appliances.
- 8.Use the shower instead of the bath.



To save the most energy:

- Switch off the power point rather than leave appliances on standby.
- Turn off your heater, cooling units and appliances when you go to bed or leave the house.
- Switch off your computer and equipment such as printers or Wi-Fi routers overnight or when you're away.
- Switch off lights and electrical appliances when not using them. ...
- Switch to energy-saving LED light globes. ...
- Shut doors and close curtains. ...
- Save energy in how you wash and dry clothes. ...
- Understand and improve your home's energy use. ...
- Save energy in the kitchen. ...
- Manage your heating and cooling.

